



Assessing the Safety and Performance of the EasyEndo™ Universal Linear Cutting Stapler in Laparoscopic Gastric Bypass Surgery: A Monocentric Post-Market Observational Study

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Abstract

Background: Laparoscopic Roux-en-Y gastric bypass (RYGB) has evolved into a leading treatment for obesity. The aim of this study was to assess the safety and the performance of the easyEndo™ Universal Linear Cutting Stapler and Reloads (EziSurg Medical CO., LTD, Shanghai, China) in laparoscopic RYGB surgery.

Methods: This prospective, non-randomized, registry recruited patients who underwent laparoscopic RYGB with the easyEndo™ Universal Linear Cutting Stapler. The primary endpoint was to evaluate the occurrence of peri- and post-operative anastomotic leaks and intraluminal/intraperitoneal bleeding. Patient's weight loss, primary technical success of the procedure, device performance, complications and frequency of re-interventions were evaluated as secondary outcomes.

Results: 150 patients (102 women and 48 men) underwent laparoscopic RYGB. The mean weight before RYGB was 116.26±19.50 kg, the body mass index (BMI) was 40.54±3.64 kg/m² and the mean excess weight 44.77±13.70 kg. The operation could be successfully completed in all cases using the easyEndo™ Universal Linear Cutting Stapler. In 3.3% of cases (5/150) a pulsatile bleeding occurred that could be clipped and a staple line disruption occurred in 1.3% of cases (2/150) that was oversewn. No conversions to open laparotomy occurred. Primary technical success was 90.7%. Regarding the primary endpoint, 1 post-operative bleeding occurred on the gastrojejunostomy created by a circular stapler. Post-operative melaena occurred in 3 patients. Twenty-four months after RYGB, the average BMI dropped to 25.91±4.07 kg/m², with a percentage excess weight loss (%EWL) of 95.74±26.59% and percentage total weight loss (%TWL) of 35.59±9.53%. A total of 19 post-operative complications occurred in 15 patients (10.0%), mainly internal herniation and small bowel obstruction. Re-interventions were needed in 11 patients (7.3%).

Conclusions: The 24-months follow-up data show that RYGB using the easyEndo™ Universal Linear Cutting Stapler and Reloads is safe and effective with significant weight loss and comparable complication rates according to the literature.

Keywords: Bariatric surgery; Obesity; Laparoscopy; Roux-en-Y gastric bypass; Linear stapler; Weight loss

Introduction

Obesity is a severe condition of global concern and occurs in 13% of the adult population in Western societies [1]. This chronic disease is a risk factor

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for diabetes, cancer, and cardiovascular, musculoskeletal, and gynecological diseases [2-10]. Today, bariatric surgery combined with lifestyle modifications is considered the best treatment to achieve successful long-term weight loss in individuals with a body mass index (BMI) ≥ 35 kg/m² with comorbidities or a BMI ≥ 40 kg/m². Bariatric surgery has been shown to decrease the overall, cardiovascular- and diabetes-related mortality, and leads to greater improvements in quality of life compared to non-surgical alternatives [11-14]. With a steady increase in morbid obesity and further improvements in the already proven efficient surgical techniques, a rapidly increasing demand for bariatric surgery has been noted worldwide [15,16]. Laparoscopic Roux-en-Y gastric bypass (RYGB) is one of the most frequently used bariatric procedures. During RYGB, the stomach is surgically reshaped to create a small gastric pouch distal of the gastroesophageal junction and attached to the jejunum called the 'Roux Limb'. The Roux limb is then subsequently attached to the biliary limb and thus bypassing the remnant stomach, duodenum and proximal jejunum. This procedure induces a combination of restriction in food intake and some degree of malabsorption. In addition, positive outcomes are attributed to expected changes in cell function, tissue-specific insulin sensitivity, bile acid concentration and gut microbiota, and altered connections between the gastrointestinal system and the brain [17].

It is now possible to complete a laparoscopic RYGB procedure using only stapling devices without suturing. Laparoscopic stapling devices are designed to facilitate the division of tissues, while at the same time ensuring that the divided ends are sealed, and thus creating anastomoses. Staple line/anastomotic reinforcement by suturing, surgical glue or buttress materials may be applied to reduce the risk of staple line leaks and bleedings [18]. Both linear cutting staplers and circular staplers are used in bariatric surgery. The use of stapling devices allows for standardized RYGB procedures, resulting in very low mortality and low morbidity rates [19].

We present the 24-months follow-up data of 150 patients who underwent laparoscopic RYGB with the easyEndo™ Universal Linear Cutting Stapler and Reloads (EziSurg Medical).

Materials and Methods

Study design

The current registry was a monocenter, prospective, single-arm, investigational device registry of patients undergoing laparoscopic RYGB with the easyEndo™ Universal Linear Cutting Stapler and Reloads (EziSurg Medical). Pregnant patients, patients with a history of bariatric surgery and patients who were suspected to be unable to comply with the study protocol or proposed follow-up visits were excluded from this registry. One hundred fifty patients were

recruited by the investigational site. This number provides sufficient observations to ensure the scientific validity of the conclusions. Patients who were scheduled for RYGB underwent standard follow-up 6 weeks, 6 months, 12 months and 24 months after the operation. The study protocol was approved by the Ethics Committee of AZ Sint-Jan Brugge-Oostende AV and all patients provided written informed consent. This study was registered on clinicaltrials.gov (NCT03968757). Pseudonymized data were collected in a prospectively maintained electronic database.

Endpoints

The primary endpoint was to investigate the safety of the easyEndo™ Universal Linear Cutting Stapler in laparoscopic RYGB surgery by evaluating peri- and post-operative anastomotic leaks and intraluminal/intraperitoneal bleeding. Secondary endpoints of this study included assessments of the safety profile (peri-operative, early and late complications), of primary technical success of the procedure and device performance, of the bariatric surgery related re-interventions and of the patient's weight profile. Primary technical success was defined as laparoscopic RYGB formation as intended without technical difficulties and without conversion to laparotomy. Device performance was evaluated for different characteristics of the device using a scoring system from 0 to 4 (0: very unsatisfied, 1: unsatisfied, 2: neutral, 3: satisfied, 4: very satisfied). The patient's weight profile was described as BMI, percentage excess weight loss (%EWL) and percentage total weight loss (%TWL). The BMI was calculated as the weight divided by the square of the patient's height (in meters). The %EWL was defined as the baseline weight minus the follow-up weight, divided by the excess body weight, and multiplied by 100. Excess body weight was defined as the weight at the time of surgery minus the ideal body weight, calculated as 25 multiplied by length squared. The %TWL was defined as the baseline weight minus the follow-up weight, divided by the baseline weight, and multiplied by 100.

Procedure

All patients underwent a comprehensive pre-operative assessment. The laparoscopic RYGB procedure was performed according to a standardized surgical technique [19, 20]. All surgeries were performed under general anesthesia. Patients were positioned in the 30° reverse Trendelenburg beach-chair position with split-legs. Abdominal insufflation with carbon dioxide (CO₂) was achieved using a Veress needle. Intra-abdominal pressures were maintained at 15 mmHg. A five-port technique was employed. A gastric pouch was created along the lesser curvature of the stomach and oriented vertically with exclusion of the gastric fundus. The gastric pouch volume was between 15.1 and 30.0 ml for the majority of patients (Table 1). On average, 3.39±0.64 reloads were used to create the gastric pouch, mostly 60 mm reloads

(Table 1). The Roux limb was brought up in an antecolic position and placed anterior to the stomach remnant. Roux limb length was usually between 100 and 150 cm (88.0%) (Table 1). A gastrojejunostomy using a circular stapler was performed in all cases (Table 1). The circular stapler was preferred to complete the gastrojejunostomy, because, compared to the linear technique, this technique does not require closure of a common opening, eliminating a possible leakage site; traction on the gastrojejunostomy is limited due to an equal distribution of forces on the anastomosis; and the circular stapler has a fixed diameter reproducing the opening. The proximal jejunum was divided distal to the ligament of Treitz. A side-to-side jejunojejunostomy was performed by stapling the anastomosis, with closure of the enterostomy by barbed suture in 95.3% of cases, and a fully stapled anastomosis in 4.7% of cases (Table 1). The 60 mm reloads (R60W-2.5 White) were used to create the jejunojejunostomy in all cases (Table 1). The biliopancreatic limb varied around 70 cm. Intra-operatively, a leak test with methylene blue was performed. Briefly, after positioning of the orogastric tube at the level of the gastrojejunostomy, leakage was checked by injecting 60 ml of methylene blue and air with force while closing the alimentary limb distally. If any leakage was present or if some traction was detected, the gastrojejunostomy was reinforced with additional stitches of an absorbable monofilament suture. The mesenteric gaps were closed with a stapler to prevent the formation of an internal hernia. To prevent post-operative bleeding, all staple lines were inspected at an elevated systolic pressure above 130 mmHg and any detected bleeding points were clipped. A drain is put through the left lateral trocar incision and placed adjacent to the gastric pouch. On the day of surgery, patients remained sober. The following day, they were allowed to drink and yogurt was started. Patients were discharged if pain was controlled, drinking and eating yogurt was successful, and if there was no vomiting, nor any signs of melaena.

Linear stapler

The easyEndo™ Universal Linear Cutting Stapler (EziSurg Medical) places two, triple-staggered rows of titanium staples while simultaneously separating the tissue from the central line. The device is available in lengths of 70 mm, 160 mm and 250 mm. Reloads are available in four staple sizes to accommodate different tissue thicknesses: 2.5 mm, 3.5 mm, 3.8 mm and 4.1 mm. The available reload lengths are 30 mm, 45 mm and 60 mm. The device can be reloaded and fired up to 25 times during one procedure. The shaft of the easyEndo™ Universal Linear Cutting Stapler rotates freely and achieves an articulation angle of 60 degrees to facilitate lateral access to the operative site. It is the world's first full 60° laparoscopic linear cutter stapler. Transection and creation of anastomoses were performed according to the instructions for use.

Table 1: Procedural characteristics of the RYGB procedures.

Characteristics	Participants (N=150)
Blood pressure during stapling	
Systolic (mmHg)	96.71±15.36
Diastolic (mmHg)	65.56±12.40
Cholecystectomy performed	1/150 (0.7%)
Mean number of reloads used per patient	6.45±0.72
4	2/150 (1.3%)
6	90/150 (60.0%)
7	46/150 (30.7%)
8	11/150 (7.3%)
9	1/150 (0.7%)
Total number of reloads used	967
R30B-3.5 Blue total reloads used	0/967 (0.0%)
R30W-2.5 White total reloads used	0/967 (0.0%)
R45B-3.5 Blue total reloads used	12/967 (1.2%)
R45C-3.8 Gold total reloads used	0/967 (0.0%)
R45G-4.1 Green total reloads used	0/967 (0.0%)
R45W-2.5 White total reloads used	0/967 (0.0%)
R60B-3.5 Blue total reloads used	490/967 (50.7%)
R60C-3.8 Gold total reloads used	0/967 (0.0%)
R60G-4.1 Green total reloads used	5/967 (0.5%)
R60W-2.5 White total reloads used	460/967 (47.6%)
Gastric pouch creation	
Gastric pouch volume 15.0 ml	39/150 (26.0%)
Gastric pouch volume 15.1 – 30.0 ml	110/150 (73.3%)
Gastric pouch volume 40.0 ml	1/150 (0.7%)
Mean number of reloads used	3.39±0.64
1	2/150 (1.3%)
3	92/150 (61.3%)
4	49/150 (32.7%)
5	7/150 (4.7%)
Reloads used	
R60B-3.5 Blue	140/150 (93.3%)
R45B-3.5 Blue	4/150 (2.7%)
R60W-2.5 White	2/150 (1.3%)
R60B-3.5 Blue + R60G-4.1 Green	3/150 (2.0%)
R60W-2.5 White + R60B-3.5 Blue	1/150 (0.7%)
Roux-limb construction	
50 – 100 cm	18/150 (12.0%)
100 - 150 cm	132/150 (88.0%)
> 150 cm	0/150 (0.0%)
Antecolic, antegastric	150/150 (100%)
Retrocolic, retrogastric	0/150 (0.0%)

Mean number of reloads used	1.01±0.08
1	149/150 (99.3%)
2	1/150 (0.7%)
Reload used	
R60W-2.5 White	
Gastrojejunostomy	150/150 (100%)
Circular stapled	150/150 (100%)
Hand – sewn	0/150 (0.0%)
Linear stapler	0/150 (0.0%)
Banded outlet	0/150 (0.0%)
Mean number of reloads used to transect the remaining small bowel 1cm proximal to the gastro-jejunostomy	
1	150/150 (100%)
Reloads used	
R60W-2.5 White	149/150 (99.3%)
R60B-3.5 Blue	1/150 (0.7%)
Jejunojenunostomy	
Fully stapled	7/150 (4.7%)
Stapled plus hand sewn	143/150 (95.3%)
Mean number of reloads used	1.05±0.21
1	143/150 (95.3%)
2	7/150 (4.7%)
Reload used	
R60W-2.5 White	150/150 (100%)
Second stapler device used	3/150 (2.0%)
Estimated volume of blood loss at end of procedure (ml)	32.47±32.27
Blood pressure at the end of procedure	
Systolic (mmHg)	126.68±14.82
Diastolic (mmHg)	82.01±11.88
Operating time (minutes)	74.21±19.95
Hospital stay (days)	2.43±2.49

Statistics

Continuous variables are presented as mean (standard deviation [SD]), median and range, and the 95% confidence interval (CI) based on the Student's-t distribution. Categorical variables are presented as number, denominator and percentage, and a 95% Clopper Pearson interval. As this is a single arm study, no statistical inferences are made with regards to comparison of treatment arms or subgroups. All applicable statistical tests are two-sided and are performed using a 5% significance level. No adjustments are made for multiplicity for the primary and secondary outcomes. For parameters which were recorded at multiple visits (baseline and follow-up visits), the change from baseline is statistically

tested using the paired Student's t test (continuous variables). Statistical tests with a p-value <0.05 are considered as statistically significant. The number of missing observations is reported. Data are summarized as observed with no imputation for missing values. Statistical expertise was available to the authors. All datasets, table and figures, and statistical analyses were created by SBD Analytics (Bekkevoort, Belgium) using the SAS Statistical Software packages (SAS V9.4, The SAS Institute, Cary NC).

Results

A total of 150 patients (102 women and 48 men) underwent laparoscopic RYGB surgery using the easyEndo™ Universal Linear Cutting Stapler from October of 2019 until January of 2021 at one Belgian center. The last follow-up was registered in April of 2023. Descriptive characteristics of the patients are listed in table 2. The patients had a mean age of 40.8±12.96 years. Pre-operatively, the patients had a mean weight of 116.26±19.50 kg, a BMI of 40.54±3.64 kg/m² and a mean excess weight of 44.77±13.70 kg. Three hundred and eight co-morbidities were reported, mainly hypertension in 40, hypercholesterolemia in 74, Obstructive Sleep Apnoea Syndrome (OSAS) in 48 and gastroesophageal reflux disease in 44. Overall, 21.2% of patients smoked. Six percent of the patients used antiplatelet drugs and 3.3% immunosuppressants. Furthermore, 22.7% (34/150) underwent previous abdominal surgery.

Table 2: Descriptive characteristics of all patients at baseline.

Characteristics	Participants (N=150)
Age (y)	40.78±12.96
Sex ratio (M:F)	(48 : 102) (32.0% : 68.0%)
ASA II	130/150 (86.7%)
ASA III	20/150 (13.3%)
Current smoker	31/146 (21.2%)
Ex-smoker (>6 months)	23/146 (15.8%)
Diabetes type I	2/150 (1.3%)
Diabetes type II	15/150 (10.0%)
Oral anti-diabetics	15/149 (10.1%)
Obstructive Sleep Apnoea Syndrome (OSAS)	48/139 (34.5%)
Hypertension	40/150 (26.7%)
Hypercholesterolemia	74/149 (49.7%)
Hypertriglyceridemia	39/140 (27.9%)
Asthma	5/150 (3.3%)
Degenerative joint disease	27/149 (18.1%)
Gastroesophageal reflux	44/148 (29.7%)
Chronic obstructive pulmonary disease (COPD)	2/150 (1.3%)
Use of immunosuppressants (corticoids, ...)	5/150 (3.3%)

Other	
Bechterew's disease	1/150 (0.7%)
Graves disease	1/150 (0.7%)
History of deep venous thrombosis	4/150 (2.7%)
Hypothyroidism	3/150 (2.0%)
Rheumatoid arthritis	2/150 (1.3%)
Weight profile	
Weight (kg)	116.26±19.50
BMI (kg/m ²)	40.54±3.64
BMI class	
35.0 – 39.9 class II obesity	54/150 (36.0%)
≥ 40.0 class III obesity	96/150 (64.0%)
Ideal body weight (kg)	71.50±7.88
Excess body weight (kg)	44.77±13.70
Antiplatelet intake	9/150 (6.0%)
Previous abdominal surgery	34/150 (22.7%)
Bowel obstruction	1/150 (0.7%)
Cesarean section	6/150 (4.0%)
Abdominoplasty	1/150 (0.7%)
Hysterectomy	1/150 (0.7%)
Appendectomy	18/150 (12.0%)
Cholecystectomy	8/150 (5.3%)
Ovariectomy	1/150 (0.7%)

ASA: American Society of Anesthesiologists, BMI: Body Mass Index.

The operation could be successfully completed in all cases. During intra-operative inspection of the staple lines, pulsatile bleeding was identified in 5 patients (3.3%) and the detected bleeding points were clipped. Primary technical success of the procedure was achieved in 90.7% of the patients (136/150). One intra-operative complication occurred (0.7%), which was a gastric pouch rupture during positioning of the anvil of a circular stapler during gastrojejunostomy. As a result, the gastric pouch was shortened and a new gastrojejunostomy was made. No conversions to laparotomy occurred. There were 14 device deficiencies in 13 patients (8.7%), mainly technical defects of the stapler in 9 (6.0%) for which the use of a second stapler device was indicated in 3 cases, staple line disruption in 2 (1.3%) for which the staple line was oversewn, and tissue slippage/movement during firing in 3 patients (2.0%). Procedural characteristics are listed in table 1. An additional cholecystectomy was performed in one patient. The mean operating time was 74.21±19.95 minutes. The mean hospitalization stay was approximately 2.5 days. Surgeon's device performance scoring is shown in table 3. The stapler scored the highest on 'staple line formation' (3.4/4) and the lowest on 'ease of resetting, unclamping and removing the device from the target tissue' (2.3/4).

Table 3: Device performance assessment.

	Participants (N=146)
Device performance assessment (score/4):	
Ease of intra-abdominal device positioning	2.71±0.86
Adequate tissue compression before firing	2.81±0.98
Sharpness of the blades of the reloads	3.35±0.68
Staple line formation	3.36±0.65
Ease of resetting, unclamping and removing the device from the target tissue	2.33±0.93
Consistency and reliability	2.83±0.85
Haemostasis	3.09±0.80
Usability/ergonomics	2.49±0.92

Of the 150 patients recruited for RYGB treatment, 132 patients (88.0%) completed the 6-week follow-up as 18 patients lacked follow-up data. Before the 6-month visit, 1 patient withdrew participation. At 6, 12 and 24 months, 32, 28 and 32 patients were lost to follow-up, respectively. In addition, 1 patient died between the 12- and 24-months follow-up visit, leaving 117 (78.0%), 121 (80.7%) and 116 (77.3%) patients available for weight assessment at 6, 12 and 24 months, respectively.

At the time of RYGB, the patients had a mean weight of 116.26±19.50 kg and a BMI of 40.54±3.64 kg/m² (Table 2 and 4). At 24 months follow-up, the BMI had decreased to 25.91±4.07 kg/m², the %EWL was 95.74±26.59% and a %TWL of 35.59±9.53% was achieved (Table 4, Figure 1). The weight evolution of the individual patients is shown in figure 2. A potential bias that could not be ruled out, is the weight loss resulting from individual compliance to diet and exercise regimen during follow-up after RYGB surgery.

A total of 19 post-operative complications occurred in 15 patients (10.0%) during the 24-months follow-up period (Table 5), of which 7 complications occurred within 30 days after the operation. Regarding the primary endpoint of this study, one patient experienced bleeding of the gastrojejunostomy created by a circular stapler. A gastroscopy was performed and the bleeding vessel was clipped. A blood transfusion was required. A gastroscopy was also performed for a second patient because of melaena, but the bleeding could not be visualized. Presumably, the jejunojejunostomy was involved. The patient was successfully treated with tranexamic acid and fluid resuscitation. In addition, post-operative melaena occurred in 2 more patients, one of whom required a blood transfusion and one was treated with tranexamic acid. All 4 bleedings occurred post-operatively before discharge. Other post-operative complications included mainly internal herniation in 5 patients (3.3%) requiring a re-operation with reduction of the internal hernia and closure of the mesenteric defect. Three patients (2.0%) experienced obstruction of

Table 4: Patient's weight loss during follow-up, relative to the weight at RYGB.

	at RYGB (n=150)	6 weeks (n=132)	6 months (n=117)	12 months (n=121)	24 months (n=116)
Weight (kg)	116.26±19.50	98.41±16.08	81.15±13.42	74.06±12.34	73.80±14.46
	(83.80 , 215.00)	(70.00 , 182.00)	(58.00 , 124.00)	(50.00 , 108.00)	(49.50 , 138.00)
BMI (kg/m ²)	40.54±3.64	34.55±3.54	28.50±3.20	25.99±3.31	25.91±4.07
	(35.00 , 57.70)	(28.05 , 48.86)	(21.26 , 37.14)	(19.98 , 35.49)	(20.24 , 40.12)
Weight loss (kg)	/	17.12±5.22	33.38±8.61	40.99±12.41	41.16±13.86
		(8.20 , 33.00)	(14.90 , 64.30)	(11.90 , 91.30)	(-6.00 , 98.30)
		p<.0001	p<.0001	p<.0001	p<.0001
%TWL	/	14.77±3.58	29.08±5.68	35.38±7.67	35.59±9.53
		(8.02 , 25.46)	(13.68 , 43.22)	(12.28 , 50.00)	(-5.45 , 53.63)
		p<.0001	p<.0001	p<.0001	p<.0001
%EWL	/	39.81±11.35	78.97±18.26	95.17±21.88	95.74±26.59
		(19.46 , 69.89)	(33.79 , 132.45)	(37.07 , 138.60)	(-17.06 , 141.60)
		p<.0001	p<.0001	p<.0001	p<.0001
BMI loss (kg/m ²)	/	5.98±1.51	11.70±2.52	14.33±3.63	14.42±4.30
		(3.41 , 10.73)	(5.75 , 20.07)	(4.59 , 28.49)	(-2.00 , 30.68)
		p<.0001	p<.0001	p<.0001	p<.0001

BMI: Body Mass Index, EWL: excess weight loss, RYGB: Roux-en-Y gastric bypass, TWL: total weight loss

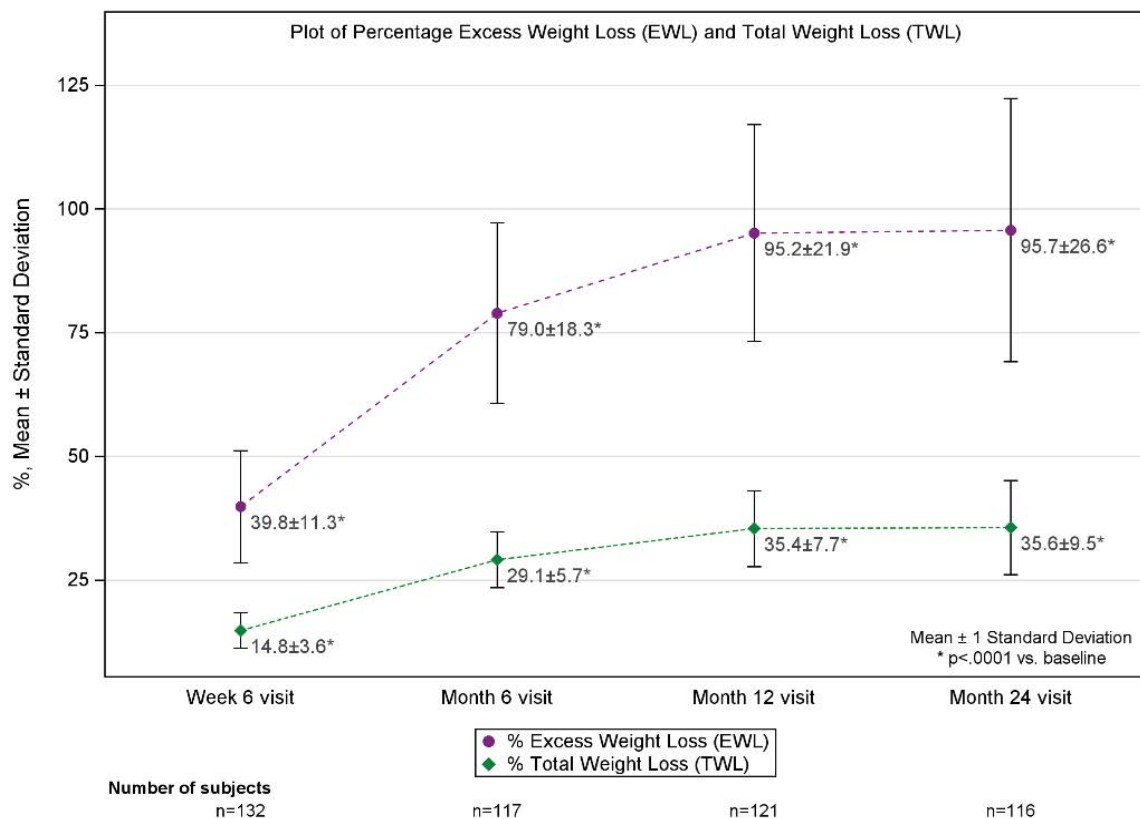


Figure 1: EWL TWL.

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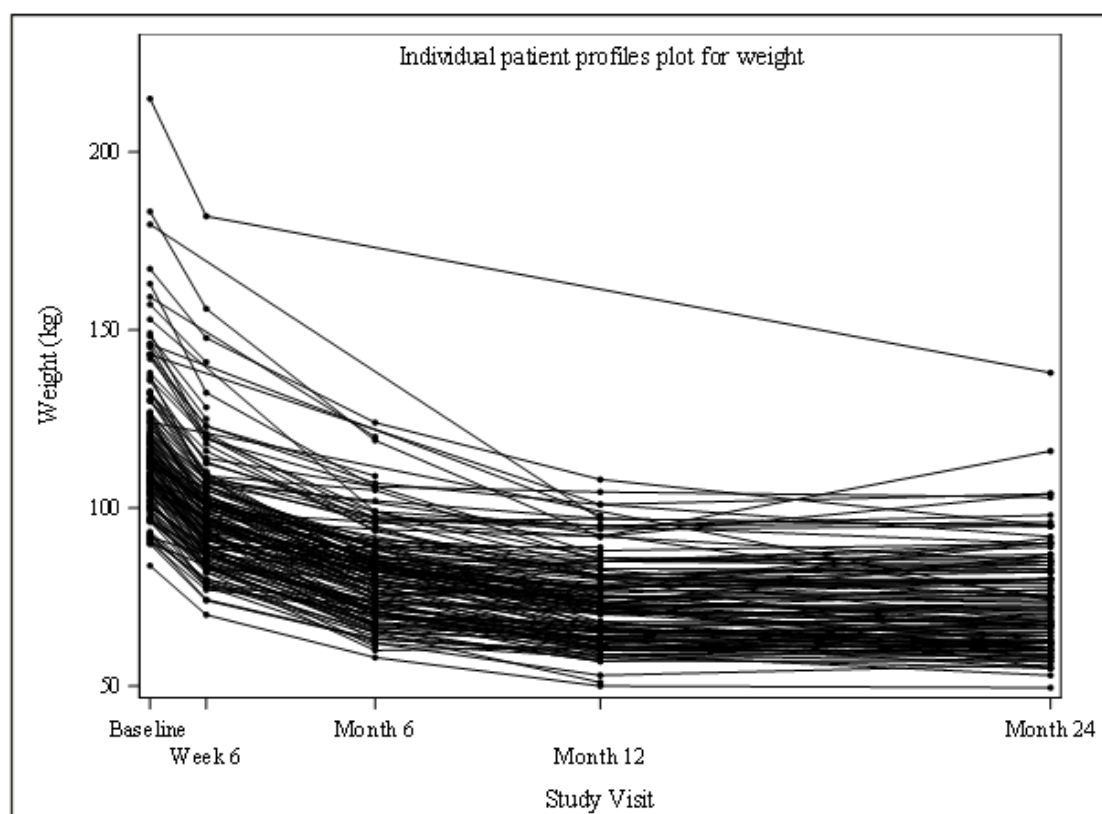


Figure 2: Weight profiles.

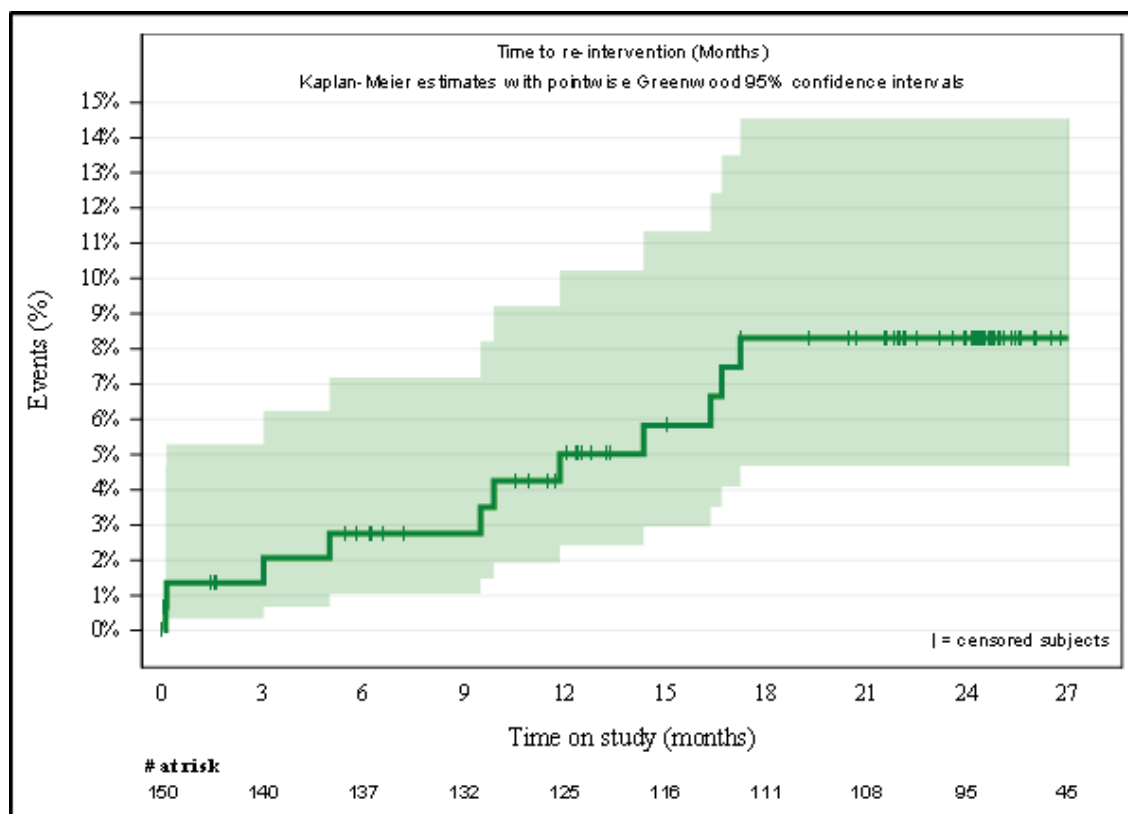


Figure 3:

the small bowel due to adhesions treated with adhesiolysis. Laparoscopic cholecystectomy was performed in 2 patients with acute cholecystitis (1.3%). Acute pancreatitis due to blunt trauma was diagnosed in one patient (0.7%) and treated with laparoscopic rinsing and drainage. Other complications included dysphagia due to anastomotic stricture (0.7%) and Forrest III anastomotic ulcer (0.7%), both treated with a higher dose of proton pump inhibitors, and wound infection (0.7%) with surgical debridement and IV antibiotics. Therefore, in total, 11 re-interventions occurred (7.3%), 1 for intraluminal bleeding on the gastrojejunal anastomosis, 5 for internal herniation, 3 for small bowel obstruction, 1 for acute pancreatitis and 1 for ulceration. The re-intervention rate was also evaluated using Kaplan-Meier point estimate, which showed a rate of 8.3% at 24 months (Figure 3). One patient underwent a re-intervention 1.5 years after the initial RYGB surgery due to internal herniation. The patient reported limited abdominal pain (i.e., normal post-operative pain) during a checkup by the general practitioner and was found dead at home 6 days later. The reason remains unclear; no pathology was performed.

Table 5: Intra- and post-operative complications.

	Participants (N=150)
Intra-operative complications	
Pouch rupture	1/150 (0.7%)
Post-operative complications	
Anastomotic bleeding	1/150 (0.7%)
Melaena	3/150 (2.0%)
Internal hernia	5/150 (3.3%)
Small bowel obstruction	3/150 (2.0%)
Acute cholecystitis	2/150 (1.3%)
Pancreatic injury	1/150 (0.7%)
Anastomotic stenosis/stricture	1/150 (0.7%)
Ulceration	1/150 (0.7%)
Wound infection	1/150 (0.7%)
Death	1/150 (0.7%)

Discussion

Laparoscopic RYGB is considered the gold standard among surgical bariatric options for obese patients. Despite the increasing number of procedures performed and, consequently, increasing surgical experience with this procedure, RYGB remains technically challenging. As with all medical procedures, post-operative complications can occur. And although they are rare (rates ranging between 2 and 15%), they can be life-threatening [21-24]. Gastro-intestinal leaks are the most important cause of RYGB surgery-related mortality with leak-associated mortality

reaching from 37.5 to 50% [25-28]. Leaks are often early complications, usually occurring within 1 week of surgery [18]. The reported incidence of post-operative leaks for laparoscopic RYGB in the literature varies from 0.1 to 5.8% [25, 28-32]. Leaks were not observed in this study. Staple line disruption at the jejunojunostomy was identified intra-operatively in 2 patients (1.3%) for which the staple line was oversewn. Furthermore, the most common sites of bleeding are the staple lines that are likely to bleed extraluminal (intraperitoneal) or intraluminal. Four bleedings (2.6%) were recognized early post-procedure of which 3 were managed conservatively without the need for a surgical re-intervention. Bleeding usually occurs in the early post-operative course within the first hours to days [25] and can occur at any of the five possible staple lines: the gastric pouch, excluded stomach, Roux limb staple line, gastrojejunostomy, and jejunojunostomy. Reported incidences of post-operative bleeding are 1.3 to 3.1% [18]. As with any bleeding associated with surgery, early diagnosis is crucial by careful clinical and hemodynamic monitoring of the patient combined with observation of the output of the intra-abdominal drain. In contrast to the predominance of data on post-operative staple line leaks and bleeding, documentation of intra-operative leaks and bleeding is inconsistent or absent in most published studies on laparoscopic RYGB. A literature search by Gosh et al 2016 identified 2 articles that reported intra-operative leaks and/or bleeds in up to 8.3% and 3.5% of cases respectively, compared to 1.3% and 3.3% in the current study [33-35]. Rates of common RYGB surgery-related complications such as internal hernia, small bowel obstruction, anastomotic stricture and ulceration remained well within the reported ranges; 3.3% vs. 1-5% reported for internal herniation [36,37], 2.0% vs. 1.5-5% for small bowel obstruction [38], 0.7% vs. 3-7% for anastomotic stricture [27,39] and 0.7% vs. 1-16% for ulceration [27]. Technical defects of the easyEndo™ Universal Linear Cutting Stapler were observed in 9 patients (6%), including misfiring of the stapler, reload defect, incorrect installation of a reload, problems with assembly and spontaneous opening of the stapler prior to firing. All technical defects were corrected intra-operatively; a new stapler device was used in 3 cases. Based on the user feedback, EziSurg Medical reduced the climbing force of the stapler, organized enhanced training on reload loading and optimized the reload assembly method. None of the observed technical defects resulted in post-operative complications for the patient. Tissue slippage/movement during firing occurred in 3 patients without complications. The accuracy of bending control and the clamping force of the easyEndo™ Universal Linear Cutting Stapler were improved to minimize tissue slippage.

The present study has some limitations. It is a monocentric study and the study was initiated during the surgeon's learning curve of the stapler. In addition, the stapler has undergone

significant developments. Therefore, complications and complication rates may be different for the current device on the market.

In conclusion, the 24-months follow-up data show that RYGB using the easyEndo™ Universal Linear Cutting Stapler and Reloads is safe and effective with significant weight loss and comparable complication rates according to the literature.

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Disclosures

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